

## **SLEEP DISORDERS: A Sampling**

1. Obstructive Sleep Apnea
2. Central Sleep Apnea (possibly similar to SIDS)
3. Narcolepsy
4. Periodic Limb Movement Disorder
5. Restless Legs Syndrome
6. REM Behavior Disorder (REM without atonia)
7. Parasomnias (e.g. sleep walking, sleep eating, night terrors)
8. Insomnia (often secondary to other causes, rather than a primary diagnosis)